

THE CLARITY FOUNDATION

United States of America



GLOBAL
OVARIAN
CANCER
CHARTER
a World Ovarian Cancer
Coalition initiative

“The Clarity Foundation firmly believes that women with ovarian cancer in the United States deserve the best possible therapies for their unique condition, and we are there to support them as they make treatment decisions. We are proud to support the Global Ovarian Cancer Charter as a Champion, particularly around access to best possible care and clinical trials.”



BEST POSSIBLE CARE

Treatment Decision
Support Program

..... CHARTER
CHAMPION

clarityfoundation.org

CHAMPION PROJECT: TREATMENT DECISION SUPPORT PROGRAM

Ovarian cancer is a heterogeneous disease and each woman's tumor will have a unique molecular profile that can affect her response to treatment. The Clarity Foundation believes that all women deserve the best possible therapies for their unique disease. To this end, they provide information on their website: announcing the latest treatment options available at new diagnosis, at maintenance, and at recurrence or disease progression. They also explain how tumor biomarker testing can reveal the cancer's molecular profile which can point to standard treatments or ones in clinical trials that may be effective.

For women who would like personal one-to-one assistance, the Treatment Decision Support scientific team can help. Clarity does not provide medical advice about which treatments a patient should receive. Instead, the staff explain the latest research about ovarian cancer and tumor-testing results and provide potential questions, and other information, that patients can discuss directly with their physicians. Through this programme the Clarity Foundation have helped 800 women so far.

Clarity also provide a unique state-of-the-art Clinical Trial Finder. It is the only ovarian cancer focused clinical trial search engine that enables searches based on details of the patient's clinical situation as well as tumor genotype, trial phase of development, location, and drug name, category or molecular target. Trials are linked to the full description on www.clinicaltrials.gov.

We chose to showcase this programme because it aims to help women understand how standard or new treatments may or may not be appropriate for their particular situation, and enables them to discuss key issues with their own time-strapped physicians from an informed position. It also provides women with essential facts about clinical trials which may be appropriate for them either at their regular hospital or further afield. As treatments become increasingly personalised this provides a great blueprint to widen treatment discussions based on the clinical situation.

This program is offered free of charge to United States residents.

clarityfoundation.org



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INFORMATION & SUPPORT

Steps through OC program

..... CHARTER
CHAMPION

stepsthrough.org

CHAMPION PROJECT: STEPS THROUGH OC PROGRAM

Clarity believes that all women and active caregivers deserve compassionate and professional emotional support while managing an ovarian cancer diagnosis. To this end, Clarity offers the Steps Through OC program for free professional ovarian cancer psychosocial support. This personalized, one-to-one assistance helps individuals manage the stress and coping associated with this challenging diagnosis. The program offers ten sessions of support over the course of six months to both patients/survivors and active caregivers, as well as educational content, resources, and referrals. The program is based in science, vetted by ovarian cancer specialists, and the goal is for women to feel, function and live well with ovarian cancer.

Steps Through OC partners each participant with a professional Ovarian Cancer Counselor. Together, they develop an individualized support plan. One person might seek help absorbing a new diagnosis and understanding treatment options. Another may need guidance managing side effects or facing a difficult prognosis. Caregivers may be confronting stressful family dynamics or financial issues. Wherever people are in their experience, Steps Through OC will be there with expert support centered around each person's changing needs.

When individuals register online they are asked to complete a confidential OC Coordinates survey asking about their unique situation and priority concerns. They are then matched with an OC Counselor and work together one-on-one for six months with up to ten sessions conducted via phone or videoconference. Each OC Counselor has a master's degree in mental health and offers expert compassionate listening skills, education in coping methods and useful, personalized resources. An ongoing "Graduate Group" is provided for those who complete the program.

This program is offered free of charge to United States residents and as of 31st July 2020, 422 individuals (patients, survivors and caregivers) have registered for the program.

We chose to showcase this programme because it recognises that every woman's needs are different when coping with a diagnosis of ovarian cancer. It is conducted by professionals and enables women to develop skills and access resource over time. Additionally, it is open to family members or caregivers who often have their own individual set of needs.

stepsthrough.org



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