



“All Out for Her” Fitness Fundraiser Held in Recognition of Ovarian Cancer Awareness Month

*The Clarity Foundation and Orangetheory Fitness team up
to benefit women fighting ovarian cancer*

La Jolla, Calif., Aug 17, 2016 — The Clarity Foundation is holding All Out for Her, a fitness fundraiser that will take place across multiple San Diego [Orangetheory Fitness](#) studios in an effort to raise awareness and money to support women with ovarian cancer. The event will consist of hour-long dynamic training sessions—including running, indoor rowing, and resistance training—all of which will be led by professional coaches. Individuals of all fitness levels are encouraged to register, and the money raised will help ovarian cancer patients receive genomic information to improve their treatment options. The All Out for Her event will take place on Saturday, September 24, 2016 at select Orangetheory Fitness locations across San Diego, as follows:

La Jolla 7734 Girard Ave La Jolla, CA 92037	11:15 a.m. – 12:15 p.m.
Poway 12207 Poway Road Poway, CA 92064	11:50 a.m. – 12:50 p.m.
Mission Valley 7510 Hazard Center Drive, Suite 401 San Diego, CA 92108	12:30 p.m. – 1:30 p.m.
Encinitas 215 S. El Camino Real, Suite A Encinitas, CA 92024	12:30 p.m. – 1:30 p.m.
Carmel Valley 11155 E Ocean Air Drive San Diego, CA 92130	1:45 p.m. – 2:45 p.m.
Point Loma 3980 W. Point Loma Blvd. San Diego, CA 92110	1:45 p.m. – 2:45 p.m.

Inspired by the strength and courage of women in the fight against ovarian cancer, The Clarity Foundation and Orangetheory Fitness are holding the All Out for Her event in honor of September being Ovarian Cancer Awareness Month. Many are unaware of the fact that of the 24,000 women diagnosed

with ovarian cancer in the United States each year, 15,000 of them will lose their lives. That figure places ovarian cancer as the most lethal gynecologic malignancy.

“Every day, ovarian cancer patients push themselves through physical, mental and emotional challenges to overcome their disease. The All Out for Her event is both inspired by and in support of this sheer, unyielding determination,” said Laura Shawver, PhD, Founder of The Clarity Foundation and ovarian cancer survivor. “This is a chance for everyone to go all out for women who have been affected by ovarian cancer.”

“Our Orangetheory community is honored to help raise awareness for this devastating disease during ovarian cancer awareness month, as well as to support a local non-profit that helps women with ovarian cancer all over the United States,” said Orangetheory Fitness Coach Allen Blunt.

Cancer researcher and OTF member since 2013 Dr. Laura Shawver founded The Clarity Foundation after concluding her own treatment for ovarian cancer. The Clarity Foundation is a non-profit organization that provides women access to precision medicine technologies to find the best treatment options for their cancer. In providing access to [tumor blueprints](#)—detailed profiles of the molecular characteristics of tumors—patients can receive specialized drug treatment recommendations particular to their cancer. This personalized approach offers patients crucial, detailed information that previous methods lacked.

Individuals can register for the All Out for Her event at each of the OTF locations [online](#) at <https://www.razoo.com/team/Otf-All-Out-For-Her>. The \$24 registration fee is tax deductible. Participants are encouraged to fundraise as well if they wish to. Additional event details and registration are available at <http://www.clarityfoundation.org/news-events/>.

Visit www.clarityfoundation.org for additional information about tumor blueprints and ovarian cancer. Follow The Clarity Foundation on [Facebook](#) and Twitter [@ClarityFnd](#).

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